

Dr. Shalini Sharma, MDS

Facial Aesthetics Practitioner | Dental Surgeon | Regenerative Aesthetic Specialist

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Professional Summary

- Dedicated and board-certified Facial Aesthetic Practitioner with over 22 years of clinical experience in Dentistry and non-surgical aesthetic medicine.
- Currently practicing at Aesthetica, the facial aesthetics department of Total Health, Cayman Islands, delivering advanced anti-aging and regenerative treatments.
- Trained and certified in the USA in Botox, dermal fillers, threads, PRP, and laser aesthetics.
- Former private practice owner with extensive experience in facial contouring and skincare.
- Passionate about delivering safe, artistic, and customized aesthetic outcomes.

Core Competencies

Advanced Aesthetic Injectables: Botox, Fillers, PDO Threads

Skin Rejuvenation: PRP, Mesotherapy, Microneedling

Laser Aesthetics and Non-invasive Treatments

Facial Anatomy & Smile Aesthetics Integration

Client Consultation & Treatment Planning

Aesthetic Photography & Documentation

Preventive & Regenerative Skincare Protocols

Patient Education & Safety-Driven Practice

Education & Certifications

- M.D.S. (Pediatric Dentistry) – College of Dental Sciences, Davangere (2004)
- B.D.S. – BVP Dental College, Pune (2001)
- Board Certification in Aesthetic Medicine – AAOPM, USA (2025)
- Advanced Aesthetic Certifications (USA, 2024–2025):
- Botulinum Toxin (Basic & Advanced)
- Hyaluronic Acid Dermal Fillers
- PDO Thread Lifts (MINT PDO)

- PRP for Facial & Hair Rejuvenation
- Cosmetic Lasers
- Mesotherapy & Kybella
- Nitrous-Oxide Sedation (University of Florida)

Current Role

Facial Aesthetics Injector | Aesthetica, Total Health, Grand Cayman (Since June 2024)

Provide aesthetic consultations and customized injectable treatment plans

Administer Botox, dermal fillers, skin boosters, and regenerative treatments

Perform microneedling with exosomes, PRP therapy, and mesotherapy

Guide clients through long-term anti-aging and skincare regimens

Collaborate with marketing for educational events and patient outreach

Previous Clinical Experience

- Facial Aesthetic Dentist | Private Practice Owner
- Complete Family Dental & Healthcare (2009–2023)

- Integrated aesthetic services within dental care: smile lines, perioral rejuvenation
- Conducted full-face aesthetic assessments and non-invasive cosmetic procedures
- Managed all operational, clinical, and marketing aspects of practice

Academic Career

Assistant Professor to Professor (2004–2015)

Taught at premier Indian dental institutions (SPDC, Seema Dental, Modern Dental, etc.)

Guided postgraduate students, conducted academic research, and delivered lectures

Specialized in pediatric care with aesthetics awareness for growing patients

Research Publications

Effect of Food Simulating Liquids on Composite & GIC, Baba Farid Univ Dental Journal (2011)

The Abstruse Four-Legged Molar, J. Clinical Dental Research (2014)

Intrusion Causing Hypoplasia, Pacific Academy Journal (2011)

Oral Medications: A Sheep in Wolf's Clothing, J. Research & Adv Dentistry (2015)

Amelogenesis Imperfecta with Growth Hormone Deficiency, J. Applied Dental Sciences (2016)

Fluoride Recharge in GICs, JCDR (2016)

Scientific Presentations

Rare Conexus of Amelogenesis Imperfecta – ISPPD, Lucknow (2014)

Oral Quasi-Neoplasm in a 4-Year-Old – ISPPD, Raipur (2015)

Poster: Crowns in Pediatric Dentistry – FDI World Dental Congress, New Delhi (2014)

International Training & Exposure

Aesthetic training in Miami, New York, and Los Angeles

Observerships: NYU, Loma Linda University, Ivy Dental (VA)

Cosmetic dentistry & smile design exposure in U.S. private practice settings

Technical & Professional Skills

Facial Mapping | 3D Aesthetic Planning | Cosmetic Photography

Rotary Endodontics | Digital Smile Design | Patient Safety Protocols

Fluent in English | MS Office | Digital Health Platforms

 **Professional Goal**

To grow as a leading facial aesthetic doctor, blending artistic vision with science. Eager to contribute to a dynamic aesthetic clinic or medspa delivering advanced, safe, and evidence-based non-surgical beauty solutions.